



radio one

on



Channel 169

SCHEDULE - Eastern Standard Time - Eff. Jan 1, 2018

| ET    |                      | Mon                                  | Tue                 | Wed                  | Thu                  | Fri                               |      | Saturday             |                           | Sunday                | ATL                                 | ET            | CEN   | MTN   | PAC   |       |
|-------|----------------------|--------------------------------------|---------------------|----------------------|----------------------|-----------------------------------|------|----------------------|---------------------------|-----------------------|-------------------------------------|---------------|-------|-------|-------|-------|
| 6:00  | NEWS                 | Rewind                               |                     |                      |                      |                                   | NEWS |                      | My Playlist               | NEWS                  | Day Six                             | 7:00          | 6:00  | 5:00  | 4:00  | 3:00  |
| 7:00  | NEWS                 | Spark                                | Tapestry            | Podcast Playlist     | Backstage            | Now or Never                      | NEWS | Unreserved           | NEWS                      | The Story From Here   | 8:00                                | 7:00          | 6:00  | 5:00  | 4:00  |       |
| 8:00  | NEWS                 | The Doc Project                      | Under the Influence | Laugh Out Loud       | White Coat Black Art | The Debaters                      | NEWS | Writers and Company  | World Report              | The House             | 9:00                                | 8:00          | 7:00  | 6:00  | 5:00  |       |
| 9:00  | 8:37<br>World Report | The Current                          |                     |                      |                      |                                   | NEWS |                      | The House                 | World Report          | The Sunday Edition                  | 10:00         | 9:00  | 8:00  | 7:00  | 6:00  |
| 10:00 | NEWS                 | q                                    |                     |                      |                      |                                   | NEWS |                      | Day Six                   | NEWS                  |                                     | 11:00         | 10:00 | 9:00  | 8:00  | 7:00  |
| 11:00 | NEWS                 |                                      |                     |                      |                      |                                   | NEWS |                      | Because News              | NEWS                  |                                     | 12:00         | 11:00 | 10:00 | 9:00  | 8:00  |
| 12:00 | NEWS                 | Because News                         | The Doc Project     | The Debaters         | Under the Influence  | Fault Lines                       |      | Under the Influence  |                           |                       |                                     |               |       |       |       |       |
| 12:00 | NEWS                 | Rewind                               |                     |                      |                      |                                   | NEWS |                      | Quirks & Quarks           | NEWS                  | Out in the Open                     | 1:00          | 12:00 | 11:00 | 10:00 | 9:00  |
| 1:00  | NEWS                 | The Next Chapter                     | Unreserved          | The Story From Here  | Out in the Open      | The Doc Project<br>Laugh Out Loud | NEWS | White Coat Black Art | NEWS                      | Spark                 | 2:00                                | 1:00          | 12:00 | 11:00 | 10:00 |       |
| 2:00  | NEWS                 | Ideas in the Afternoon               | Podcast Playlist    | Spark                | Now or Never         | Canada Live                       | NEWS | Podcast Playlist     | NEWS                      | Tapestry              | 3:00                                | 2:00          | 1:00  | 12:00 | 11:00 |       |
| 3:00  | NEWS                 | Reclaim                              | Writers & Company   | Quirks & Quarks      | Tapestry             | Marvin's Room                     | NEWS | Now or Never         | NEWS                      | Writers & Company     | 4:00                                | 3:00          | 2:00  | 1:00  | 12:00 |       |
| 4:00  | World This Hr        | Laugh Out Loud                       | Because News        | White Coat Black Art | The Debaters         | Under the Influence               | NEWS | The Next Chapter     | NEWS                      | Cross Country Checkup | 5:00                                | 4:00          | 3:00  | 2:00  | 1:00  |       |
| 5:00  | NEWS                 | The Current                          |                     |                      |                      |                                   | NEWS |                      | Rewind                    |                       |                                     | 6:00          | 5:00  | 4:00  | 3:00  | 2:00  |
| 6:00  | World at Six         | CBC News: The World At Six           |                     |                      |                      |                                   | NEWS |                      | World this Weekend        | NEWS                  | World this Weekend                  | 7:00          | 6:00  | 5:00  | 4:00  | 3:00  |
| 7:00  | NEWS                 | As It Happens                        |                     |                      |                      |                                   | NEWS |                      | Laugh Out Loud            |                       | White Coat Black Art                | 8:00          | 7:00  | 6:00  | 5:00  | 4:00  |
| 8:00  | NEWS                 | q                                    |                     |                      |                      |                                   | NEWS |                      | Randy Bachman's Vinyl Tap | NEWS                  | Unreserved                          |               |       |       |       |       |
| 9:00  | NEWS                 | Ideas                                |                     |                      |                      |                                   | NEWS |                      | Saturday Night Blues      | NEWS                  | Reclaimed                           | 9:00          | 8:00  | 7:00  | 6:00  | 5:00  |
| 10:00 | NEWS                 | The Current Review                   |                     |                      |                      |                                   | NEWS |                      |                           | NEWS                  |                                     | Marvin's Room | 10:00 | 9:00  | 8:00  | 7:00  |
| 11:00 | NEWS                 | Quirks & Quarks                      | Out in the Open     | My Playlist          | Reclaimed            | Randy Bachman's Vinyl Tap         | NEWS | A Propos             | NEWS                      | Backstage             | 11:00                               | 10:00         | 9:00  | 8:00  | 7:00  |       |
| 12:00 | NEWS                 | As It Happens - The Midnight Edition |                     |                      |                      |                                   | NEWS |                      | The House                 | NEWS                  | Out in the Open                     | 12:00         | 11:00 | 10:00 | 9:00  | 8:00  |
| 1:00  | NEWS                 | Rewind                               |                     |                      |                      |                                   | NEWS |                      | Canada Live               | NEWS                  | The Sunday Edition 'Round Midnight' | 1:00          | 12:00 | 11:00 | 10:00 | 9:00  |
| 2:00  | NEWS                 | q                                    |                     |                      |                      |                                   | NEWS |                      | My Playlist               | NEWS                  | Rewind                              | 2:00          | 1:00  | 12:00 | 11:00 | 10:00 |
| 3:00  | NEWS                 | Ideas                                |                     |                      |                      |                                   | NEWS |                      | Podcast Playlist          | NEWS                  | A Propos                            | 3:00          | 2:00  | 1:00  | 12:00 | 11:00 |
| 4:00  | NEWS                 | Backstage                            | Marvin's Room       | Unreserved           | Centre Stage         | Spark                             | NEWS | Now or Never         | NEWS                      | Tapestry              | 4:00                                | 3:00          | 2:00  | 1:00  | 12:00 |       |
| 5:00  | NEWS                 | Story From Here                      | Writers & Company   | The Next Chapter     | Quirks & Quarks      | Marvin's Room                     | NEWS | Centre Stage         | NEWS                      | Canada Live           | 5:00                                | 4:00          | 3:00  | 2:00  | 1:00  |       |
|       |                      |                                      |                     |                      |                      |                                   |      |                      |                           | R2 Top 20             | 6:00                                | 5:00          | 4:00  | 3:00  | 2:00  |       |